



Heart Failure Lunch & Learn

FREE EDUCATIONAL PROGRAM

**Are you suffering from high blood pressure,
high cholesterol, diabetes, or obesity?**

**Have you had a heart attack or damage to
your heart valves?**

You could be one of the 5 million people suffering from heart failure-a frighteningly common but under recognized condition in which the heart muscles weaken and gradually lose ability to pump enough blood to supply the body's needs.

To find out more about heart failure, the only major cardiovascular disease on the rise, join Cardiologist Dr. Ryan Whitney of Bryan LGH Lincoln, NE for a free Heart Failure Lunch & Learn.

Date: Thursday, July 17th

Time: Lunch 11:15-11:45
Program 12:00-1:00

Location: CRHC-Conference Room A
823 South 17th Street
Clarinda, IA 51632

For further information and to register for the free program,
please call Wanda Isaacson at 712-542-8299

RSVP encouraged but not required, seating limited.